

In the news...

The Institute of Mental Health seeks to help transform the understanding and treatment of mental illness.

We have an established track record of success in pioneering and innovative inter-disciplinary research. We strive to have a positive impact within the health, social care and criminal justice sectors.

We are a partnership between two highly respected organisations, Nottinghamshire Healthcare NHS Foundation Trust and The University of Nottingham.

Our **November newsletter** shares updates and achievements from across the Institute of Mental Health and showcases emerging new research areas.

Even our newsletter cannot escape the influence of Brexit! Capturing headlines in the tabloids and news coverage across the globe, Dr Mohammed Zia Ul Haq Katshu's case study of the first case of Brexit-triggered psychosis certainly caught the media's imagination at such a time of unprecedented political change. Read more on page 6.

We were delighted to host the European Refresher Course for Old Age Psychiatrists in early October, which was a great success. Bringing together senior psychiatrists from across the UK and Europe, the event created opportunities for new learning and networking.

I do hope you will enjoy reading our latest update and share with your colleagues.

Don't forget – if you want to keep up to date with news from the Institute please remember to follow us on Twitter **@InstituteMH** or visit our website **institutemh.org.uk**

Professor Martin Orrell
Director, The Institute
of Mental Health



Award-winning Aardman to partner in a new mental health project for young people

An exciting research partnership, which aims to raise awareness of mental health issues among young people, has been announced.

The Arts and Humanities Research Council (AHRC) will be funding a collaborative study between award-winning Aardman, and the Universities of Nottingham, Loughborough and LSE. The partnership is being led by Paul Crawford (Institute of Mental Health, Centre for Social Futures/University of Nottingham School of Health Sciences), in partnership with Aardman and the universities of Loughborough and LSE. The project, which will launch next year, will develop and evaluate the impact of a series of animated stories, and the companion app, which aim to increase young people's mental health literacy.

Professor Paul Crawford said: ***“Creative practices in the arts and humanities have the potential for transforming people's mental health.”***

Heather Wright, Executive Director at Aardman said: ***“Aardman are eager to partner on this ground-breaking project with AHRC and Universities of Nottingham, Loughborough and LSE bringing our expertise in stories and characters to determine whether or not animation can help to better equip students for the mental health challenges of modern life.”***



Click here to read more
www.institutemh.org.uk

Plaque commemorates Nightingale's Derbyshire roots

Professor Paul Crawford (Institute of Mental Health, Centre for Social Futures/University of Nottingham School of Health Sciences) recently unveiled a brand new “Made in Derby” plaque to commemorate Florence Nightingale.

Although Florence Nightingale is a familiar historical figure, most people do not know that her early years, and plentiful summers throughout her life, were spent in Derbyshire, where her family had built a home - and owned a large estate. Nightingale was born in the Italian city that she was named after, but while she was still a baby, her parents moved to the village of Lea, Derbyshire, close to the industrial town of Cromford and the spa town of Matlock. This was the source of the family's fortune, thanks to the industrial success and connections of her great uncle Peter Nightingale (1736-1803).



PHOTO CREDIT (L-R): Professor Paul Crawford unveiling the new plaque alongside local nurse, Karen Hill from Royal Derby Hospital and Andrew Andrews, Vice Chairman of the Florence Nightingale Foundation.

The “Made in Derby” walk of fame plaques celebrate heroes from the city, both past and present. Paul was invited to be part of the unveiling ceremony as he is currently leading a £830,000 research project, funded by the Arts and Humanities Research Council (AHRC), which aims to explore Nightingale's East Midlands' roots. The research aims to produce a more complex and nuanced historical and literary understanding of Florence Nightingale by mapping her little known, yet enduring, family and home connections to Derbyshire and describing the way these significant regional experiences impacted her career, attitudes, and writings.



Click here to read more
www.florence Nightingale.org

Professor Jon Arcelus appointed as international medical expert by the IAAF

Professor in Mental Health and in Transgender Health, Prof. Jon Arcelus, has been appointed, by the International Association of Athletics Federations (IAAF), as an International medical expert to an Expert Panel for the Eligibility Regulations of Transgender Athletes, reviewing applications of trans athletes and part of the IAAF Transgender Regulation Expert Panel, developing guidelines for competing trans athletes. Jon is part of the medical expert panel for the Rugby Football Union (RFU) and the International Tennis Federation (ITF).

Jon is a member of the World Professional Association for Transgender Health (WPATH) and the European Professional Association for Transgender Health (EPATH). He is the co-chair

for the development of the global guidelines for transgender health aimed to be developed by 2021. He leads the Managed Innovation Network (MIN) in Gender Diversity and Wellbeing at the Institute of Mental Health, which is part of the Centre for Social Futures. Having previously worked with the Rugby Football Union (RFU), regarding transgender policy, he is a leading contributor to the international debates and research surrounding the Eligibility Regulations of Transgender Athletes.

Following the recent controversy in the media about South African Olympic medallist, Caster Semenya, who challenged the IAAF's new rule about imposing an upper limit for testosterone levels competing in middle-distance events, the International Olympic Committee are particularly interested in the Expert Panel's findings in the coming months, as they will impact the upcoming Olympics in Tokyo, Japan, in 2020.

“The Home in Modern History and Culture”

On the 27 January 2020, at the Council Room, Trent Building, University of Nottingham, keynote speaker: Professor Jane Hamlett, Royal Holloway, will be leading a workshop called ‘The Home in Modern History and Culture’.

The University of Nottingham's AHRC-funded project 'Florence Nightingale Comes Home for 2020' (see www.florence Nightingale.org) is arranging the second, of a series of three, thematic project workshops. Following the first successful event on nineteenth-century healthcare, this second workshop seeks to examine, from multiple disciplinary perspectives, the broad theme of 'Home' and its applicability as a prism through which to understand historical change.

While the team's focus is on nineteenth-century Britain, the workshop welcomes contributions from a range of periods and locations. Papers are invited from specialists in history, literature, geography, architecture, material culture, or other scholars with new/distinctive perspectives on the history and culture of the home.

Call for papers' deadline: 22 November 2019

**Visit our website for more information
on how to submit papers:**



www.institutemh.org.uk

Number of **depressed over 65s unchanged** but antidepressant use soars

A peer reviewed observational study has been published using research from University of Nottingham, specifically Professor Tom Denning (Centre for Dementia), in collaboration with University of East Anglia, University of Cambridge and the University of Newcastle.

The study consisted of interviews conducted 20 years apart with two comparable samples. The research has revealed that the proportion of people aged over 65 on antidepressants has more than doubled in two decades and despite very little change in the number of older people diagnosed with depression.



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New “Dementia: A day in the life” exhibition launches

Our latest exhibition is a series of photographs called: ‘Dementia: A day in the life’. Taken in July 2018, at the day Centre “Il Nodo”, these photographs explore the day to day life in an Italian care home, situated at the feet of the Italian Pennines in the central Region of Abruzzo. Stemming from the research experience, in the field of dementia, social and health care, of Alessandro Bosco and Dr Claudio Di Lorito, the latest exhibition at the Institute captures the beauty of the every day.

The exhibition is open to the public from 1st November 2019 – 10th January 2020, Monday – Friday, 10am - 4pm at The Institute of Mental Health, Triumph Road, Nottingham.



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New research project explores mental health related incidents in policing

The Centre for Health and Justice has been commissioned to research two new projects about mental health related incidents in policing.

The first project has been commissioned by the National Police Demand Reduction Programme, National Police Chiefs Council (NPCC), HM Inspectorate of Police Fire and Rescue Services (HMICFRS) and the College of Policing. The Centre for Health and Justice will carry out the first survey of mental health related incidents in policing. The work includes a 24 hour snapshot census of all forty three police forces in England and Wales, as well as in-depth work with a number of forces and their NHS and social care partners. The national snapshot exercise takes place on the 14 November.

Street triage is a model where police and mental health professionals work together to respond to individuals in crisis. It has become a common place intervention across England and Wales. However, there are several models and little significant evaluation has been carried out to date to understand the effectiveness of the intervention and the different models. The Centre for Health and Justice has been commissioned by HM Inspectorate of Police Fire and Rescue Services (HMICFRS) and National Police Chiefs Council (NPCC) to develop an evaluation framework that all forty-three forces can use to better understand their Street Triage service and its impact.

The economic burden of Adult Attention Deficit Hyperactivity Disorder (ADHD): **A sibling comparison cost analysis.**

A major new research project from the University of Nottingham, in collaboration with Aarhus University and Copenhagen Business School in Denmark, is published in the European Psychiatry journal. Professor David Daley, (Professor of Psychological Intervention and Behaviour Change in the Division of Psychiatry and Applied Psychology, School of Medicine, University of Nottingham and Director of the Centre for ADHD and Neurodevelopmental Disorders across the lifespan – CANDAL - at the Institute of Mental Health), said:

“ This study is all about getting to the real cost of Attention Deficit Hyperactivity Disorder by using the Danish National Registers to rule out all other possible influences on cost differences between Adults with ADHD and their same sex siblings. This study would not have been possible in the UK and its findings provide strong evidence for the need for greater investment in mental health services, as well as the development of new educational and occupational services for adults with ADHD. On the basis of the findings of this study, an ‘invest to save’ model would, in the future, reduce the economic impact of ADHD in adulthood. ”



Click here to read more
www.institutemh.org.uk

O.R.B.I.T trial hits target

The Online Remote Behavioural Intervention for Tics (ORBIT) Trial has reached the end of recruitment, on time and on target! The trial, which is funded by the NIHR HTA (Ref:16/17/02), and led by Professor Chris Hollis has been recruiting children and young people with tics to evaluate the clinical and cost-effectiveness of a therapist-guided, parent-assisted behavioural therapy intervention programme. The ORBIT Trial is a collaboration between Nottinghamshire Healthcare NHS Foundation Trust, Great Ormond Street Hospital, University of Nottingham, University College London (Priment) and the Karolinska Institutet (Sweden).

The study started recruiting in April 2018 and aimed to recruit 220 participants over an 18-month period. The team of researchers

have done a fantastic job in achieving this target within time. Participants were recruited via a national charity “Tourettes Action” or via their local Child and Adolescent Mental Health Services (CAMHS) or Paediatric clinics. Once enrolled into the trial, participants receive one of two 10-week online interventions. The participants are followed-up for 18-months, so the final results of the study are not known. The team hope to have some initial findings in 2020.

Trial Manager Dr Charlotte Hall congratulated the team, “I am delighted with how well the trial is going. Recruiting to clinical trials is never easy and our team of fantastic researchers at Nottingham (Dr Bev Brown, Caitlin Hand, Kareem Khan) and London (Dr Charlotte Sanderson) have done a fantastic job in achieving this target within the time frame.”



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NIHR MindTech National Symposium 2019

New Frontiers for Digital Mental Health: Implementation and Impact

The MindTech symposium 2019 brings together leaders in clinical practice, patient experience, academic research, industry and technology development to address the key challenges in building a stronger evidence-base to support implementation of new technologies in mental healthcare.

Digital technology has the potential to transform mental healthcare by offering novel interventions and more accessible,

efficient and flexible services. However, if digital mental healthcare is to succeed in improving lives it requires both, a stronger evidence-base and clear pathway, for delivery, adoption and sustainability in real-world services.



Click here to read more
www.mindtech.org.uk

Appointments & appearances

Roshan das Nair appointed Chair of the East Midlands RfPB

Professor Roshan das Nair has been appointed as the NIHR Research for Patient Benefit (RfPB) Regional Advisory Committee Chair for the East Midlands.

Roshan researches the psychological and neuropsychological aspects of multiple sclerosis, stroke, and traumatic brain injuries. His expertise

is in the design and conduct of clinical trials of complex interventions. He has over 100 publications, has supervised over 50 doctoral students, and has been awarded research grants of over £13 million. He currently leads an NIHR Programme Grant for Applied Research on Neuropsychological Evaluation and Rehabilitation in MS (Multiple Sclerosis), NEuRoMS.

Roshan has had a long-standing association with the NIHR, having served on the Health Services and Delivery Research funding board, Health Technology Assessment End of Life Care and Add-on Studies Board, and RfPB East Midlands Advisory Committee. He is also an NIHR Integrated Clinical Academic Programme mentor.

Roshan is from the Division of Psychiatry and Applied Psychology, based at the Institute of Mental Health, and is part of the Nottingham MS Research Group. The NIHR Research for Patient Benefit (RfPB) programme funds health, public health and social care research covering a wide range of health service challenges. The aim of the programme is to fund topics and research methodologies that increase the effectiveness of NHS services, provide value for money and benefit patients.



BMJ reports acute psychosis illness triggered by Brexit

Dr Mohammed Zia Ul Haq Katshu (Clinical Associate Professor at the Institute of Mental Health and University of Nottingham) wrote a report which was published in the British Medical Journal. The first case of Brexit-triggered psychosis follows the presentation, assessment and treatment of a man in his 40's who was admitted to hospital in an acute psychotic state three weeks after the Brexit results were announced in the UK.

“ Political events can be a source of significant psychological stress ”

writes Dr Katshu and evidenced through the results of US surveys in the wake of the 2016 presidential election.

The case study received widespread coverage in the mainstream press, with articles appearing in major UK national and regional newspapers, plus several international publications too.



Click here to read more
www.institutemh.org.uk

Meeting the Emotional Needs of People with ID: The Developmental Approach

On the 20th September, the IMH hosted the annual symposium of the 'Network of Europeans on Emotional Development' or NEED group.

This is a research group comprised of members from several European countries, who all have an interest in emotional development and intellectual disability (ID). This was the first time that the symposium had been hosted in the UK, and the aim was to encourage the uptake of the developmental approach in this country.

The event sold out, with 100 attendees registered from a range of different services. The audience heard from two Belgian clinicians, Filip Morrisse and Leen de Neve, who explained the developmental approach and how it could be used practically using a coaching model with caregivers. Dr. Pat Frankish then gave an overview of the impact of trauma, and the importance of considering factors which might cause people with ID to become held up at early stages of development. This was followed by a presentation from Prof. Paula Sterkenberg, who explained her innovative attachment-based therapy model for people with severe ID, who are diagnosed with attachment disorder.

The event was rounded off by Dr. Jennifer Clegg, who gave an excellent critique of how attachment issues are neglected in current policy and service delivery models, and the risks of a premature integration of attachment-based thinking with the predominant behavioural approach. Following the event, there has been considerable interest in developing training materials, and further collaboration is planned between the Clinical Psychology Doctorate programme and local IDD services.

Public engagement award for Institute's Communications team

The Institute's Head of Communication, Lou Rudkin, has been awarded the University of Nottingham Institute of Policy and Engagement's 2019 Keystone Award in recognition for her work with the Nottingham Forest "It's Tricky to Talk" campaign.

The award is given to non-academics who support university staff to share their research. Lou worked closely with Dr Tim Carter to enable his research on mental health and exercise to be used to create the recent mental health awareness campaign for Nottingham Forest fans. The campaign has been a huge success and in a short period of time

transformed the club's approach to mental health awareness and has seen several new initiatives set up to help support fans and their mental health.



Click here to read more
www.institutemh.org.uk



Institute hosts European Refresher Course for Old Age Psychiatrists

The second annual European Refresher Course for Old Age Psychiatrists was a two-day conference hosted by the Institute, at the beginning of October. Run jointly with the European Association of Geriatric Psychiatry (EAGP) and endorsed by the Faculty of Old Age Psychiatrists, Royal College of Psychiatrists, the conference was a great success. The first day programme highlights included: Dr Filip Bouckaert talking about resistant depression treatment; Prof. Alan Thomas presenting the latest advances in Lewy Body dementia and Delia Bishara discussing psychopharmacology and old age. The second day conference highlights included: Dr Janet Feigenbaum giving a talk on: Clinical aspects of personality disorder in old age; Prof. Dr. Richard C. Oude Voshaar leading a workshop called: 'Depressed or just old?' and Prof. Rowan Harwood exploring the treatment possibilities for Delirium.

Dr Amanda Thompsell, Chair of the Faculty of Old Age Psychiatry, Royal College of Psychiatrists said it was a 'fantastic event' and it was 'a particularly stimulating experience to be able to share ideas with colleagues from Europe'.



Read more on the conference topics:
www.institutemh.org.uk/ERCOAP

Hate crime awareness week

This year's Hate crime awareness week was from the 12-19 of October 2019.

In order to raise awareness of hate incidents and hate crimes and their impact on our staff, service users, carers, communities etc. We joined our partner organisations in a #NoPlaceForHate social media campaign to make it clear that Nottingham and Nottinghamshire is indeed No Place For Hate.

A hate crime or incident is any incident where someone is targeted because of their identity. Hate crime can take any shape and isn't always illegal behaviour, but it is always motivated by prejudice, often in the following areas:

- Race
- Religion
- Sexual orientation
- Disability
- Transgender
- Misogyny
- Alternative sub-culture e.g. goth



To report a hate crime, either anonymously or non-anonymously:

- In an emergency **call 999**
- Non-emergency **call 101**
- **Report online:**
<https://beta.met.police.uk/true-vision-report-hate-crime/>
- Report anonymously to Crimestoppers on: **0800 555 111**
- Nottinghamshire Victim Care: **0300 303 1967**



Participants needed for new recovery study

The UNFOLD study aims to identify the processes involved in developing an identity as a 'person in recovery' and is now open for recruitment.

To date almost all empirical studies of recovery have been retrospective and focussed on psychological change. In this study, we will measure levels of wellbeing, contact with social groups and level of social identification

We are aiming to recruit participants who have a diagnosis of psychosis and currently use community mental health services. They must own and regularly use an Android

smartphone, be able to read written English and be willing and able to complete self-reported assessments via smartphone. During the study we will from be asking participants to fill out regular questionnaires on their smartphone.

If you'd be willing to take part in this research then please get in contact for more information,

Emilia Deakin:

0115 823 1294

Emilia.deakin@nottingham.ac.uk



Read more on the conference topics:
www.researchintorecovery.com/UNFOLD

A souper evening out

Nottingham Soup (aka Notts Soup) brings innovative members of the community together to share, connect and help crowdfund great social projects for the benefit of Nottingham. The Institute of Mental Health have been proudly supporting Notts Soup this year, and attended their seventh soup, which took place on the evening of Tuesday 15 October at THiNK: Meeting Rooms and Art Gallery in Nottingham.



There are no barriers to who can apply, and even very early stage ideas are welcome. Attendees donate at least £5 for a bowl of homemade soup and listen to pitches for positive action and community projects. The audience vote for their favourite and the winner is given the donations.

All of the pitches are for ideas that use arts activities to enhance mental health. In addition to the audience, there was an expert panel to ask those pitching about their ideas and projects and offer suggestions and contacts. The panel includes: Dr Theo Stickley, a trained mental health nurse, counsellor and world-renowned author and Institute of Mental Health academic.

The audience had a tough decision between four great ideas, but due to a close vote (and an unusually large donation pot to share out) two ideas were awarded first prize.

Claire's funding will help her launch "The Allotment Project" an arts and gardening project for mental health community services users in Mansfield. And the second award was given to local writer Rob, for his idea to create a reading and rhyme project to unite young children and older people through literacy. We wish both winners the best of luck in launching their new projects!

Follow the projects on
Twitter for the latest updates:
[@NottsSoup](https://twitter.com/NottsSoup) [@thinkin_ng](https://twitter.com/thinkin_ng)

Big Lottery Funded Arts programme, specifically for people aged 60+

ArtSpeak is a creative outreach arts project from Radford Care Group, targeted at people aged 60+ with the desire to get out, get creative, feel good and enjoy life to the full.

Ultimately, the aim of the ArtSpeak is to enrich people's lives through engagement in the arts, contributing to mental health, improving cognitive capacity and addressing social isolation by forming new friendships in likeminded groups.

Through the ArtSpeak programme, there is opportunity for people to engage in the arts as participants, creators of their own work or as audience members. Participatory courses include: a theatre hub, photography hub and writing group. ArtSpeak are also working in partnership with local arts venues to provide gallery walkthroughs and work

with professional Artists and facilitators to run a regular music improv night and creative workshops. The programme is city wide with key areas of activity in the City Centre, The Meadows, Bilborough and Clifton.

Project Co-ordinator Hannah, and Programme Manager Sharon, are based at IMH until 'The Friendship Centre', is completed in Radford in 2020. Once opened they will program additional activities alongside the daytime offer and respite care service by running bespoke arts activities for people aged 60+ in the evenings and at weekends.



Further information:

www.artspeak.org.uk

ArtSpeak is seeking volunteers
Ambassadors of all ages.

For further details call **0115 7484269** or
email artspeak@radfordcaregroup.org.uk

Follow us on social media -
@ArtSpeakNotts

Radford Care Group is a registered charity
with a centre that offers daytime activities
for older people in Nottingham.



Read about Radford Care Group visit:
www.radfordcaregroup.org.uk

Centre for Dementia Seminar 2019 - Raising awareness and informing about dementia

On the 13th November, at 11.30am, the next Centre for Dementia Seminar will be held at the Institute of Mental Health. The speaker is Dr Isabelle Tournier, Project manager and coordinator, Info-Zenter Demenz, Luxembourg.

She will be speaking about raising awareness and informing citizens about what is dementia and what services are available, are essential to help people to seek a diagnosis and to access effective support.

In this talk, Isabelle will present the objectives and actions undertaken in the context of the Info-Zenter Demenz. After the presentation of data regarding users' needs and Info-Zenter Demenz activities. The discussion will focus on how to reduce dementia-related stigmatization and reach a larger public (e.g. younger people), and how close links with research are needed to reach this goal and generate new ideas.

To register your attendance please email jacqueline.patrick@nottingham.ac.uk



For further information visit:
www.institutemh.org.uk

Communicating the art and science of art-based interventions

Professor Sheri Lynn Robb, Indiana University School of Nursing

Join us for the next in our series
of "Discovery" public lectures

Tuesday 26th November, 5.30pm
Institute of Mental Health, Nottingham

FREE to
attend!



Research scientists, clinicians and creative practitioners often struggle to communicate the complexities of arts-based interventions to a diverse audience of academic scholars, healthcare professionals, and consumers. Pulling from her work as a journal editor and her development of *Reporting Guidelines for Music-based Interventions*, Sheri will explore with audience members why arts-based interventions are especially difficult to describe, ways to improve those descriptions, and how improved reporting will advance scientific research that informs delivery and use of arts-based interventions to improve health.

Sheri L. Robb, PhD, MT-BC is a board-certified music therapist and Professor in the Indiana University School of Nursing with international recognition for her expertise in pediatric music therapy and behavioral intervention research.

The Institute of Mental Health is delighted to welcome Sheri to explore the importance we should give to descriptions of music and arts-based interventions, and how this is essential to advancing research and the clinical use of the arts in healthcare.

If you would like to attend this free event please reserve your place online at:
www.institutemh.org.uk/discoverylectures



Light refreshments will be available from 5.15pm, the lecture will begin at 5.45pm and will last approx. 1 hour.

Institute of Mental Health, University of Nottingham
Innovation Park, Triumph Road, NG7 2TU
www.institutemh.org.uk/discoverylectures
@InstituteMH #IMHdiscovery



Research Excellence for Innovation

Nottinghamshire Healthcare
NHS Foundation Trust

Events



Centre for Dementia Seminar - Raising awareness and informing about dementia

Raising awareness and informing citizens about what is dementia and what services are available are essential to help people to seek a diagnosis and to access effective support..

11.30am -1.00pm

Institute of Mental Health, Nottingham



***SOLD OUT* Emerging Minds – kick off meeting (9am – 1.30pm) and ECR workshop (12.30 – 4pm)**

FREE TO ATTEND

The Emerging Minds network has a fund of £500,000 to share to enable research collaborations. A free launch event will be held to kick start the next stage of the project and share details about the Emerging Minds research challenges and funding calls to be launched in autumn 2019.

Institute of Mental Health, Nottingham



Adult Education in a Digital World

Institute of Mental Health, Room A07/08



***SOLD OUT* Trent Study Day**

The Forensic mental health division from Nottinghamshire Healthcare NHS Foundation Trust, in partnership with the Institute of Mental Health, will be hosting another Trent Study Day.

**Double Tree by Hilton Hotel, Nottingham,
NG8 6AZ**



Click here to read more
www.institutemh.org.uk



Discovery Lecture - Communicating the art and science of arts-based interventions

The Forensic mental health division from Nottinghamshire Healthcare NHS Foundation Trust, in partnership with the Institute of Mental Health, will be hosting another Trent Study Day.

Institute of Mental Health, Nottingham



Click here to book your place
www.institutemh.org.uk



NIHR MindTech National Symposium 2019 New Frontiers for Digital Mental Health: Implementation & Impact

Digital technology has the potential to transform mental healthcare by offering novel interventions and more accessible, efficient and flexible services. However, if digital mental healthcare is to succeed in improving lives it requires both a stronger evidence-base and clear pathways

for delivery, adoption and sustainability in real-world services.

The MindTech symposium 2019 brings together leaders in clinical practice, patient experience, academic research, industry and technology development to address the key challenges in building a stronger evidence-base to support implementation of new technologies in mental healthcare.

Royal College of Physicians, London



Click here to read more and register:
www.institutemh.org.uk



Nottingham Mental Capacity Act Forum

9.30am - 4.15pm, FREE TO ATTEND



SAVE THE DATE! Royal College of Psychiatrists 2020 Neuroscience Spring Conference: “Translating neuroscience knowledge to clinical practice”

The fourth edition of this annual event will once again bring together scientists and clinicians to share and discuss advances in contemporary neuroscience that are increasing our understanding of the biological mechanisms underlying brain function in health and mental illness. The focus will be on clinically-relevant research that is having, or is likely to have, an impact on the diagnosis and treatment of psychiatric disorders.

Royal College of Psychiatrists, London



For more information email:
neuroscienceproject@rcpsych.ac.uk