

Eligibility Assessment over the telephone (30 minutes)



Baseline Assessment to assess clinical symptoms and for the researchers to obtain participants informed consent for participation in the BRIGHtMIND study (2 hours)



MRI Scan (1 Hour) (Within 14 days of Baseline Assessment)



Allocation of Treatment (Randomisation)

Sometimes we need to compare treatments to find out which is most effective. To do this we put people into groups and give each group a different treatment. The results are compared at the end of the study to see if one is better. To try to make sure the groups are the same to start with, each patient is allocated to a group by chance (randomly).



CgITBS Treatment

(Starts within 14 days of MRI scan)

20 Treatment sessions over 4-6 weeks

First treatment lasts 2 hours all other treatments will last 45-60 minutes



rTMS Treatment

(Starts within 14 days of MRI scan)

20 Treatment sessions over 4-6 weeks

First treatment lasts 2 hours all other treatments will last 45-60 minutes



8 Week Follow up Assessment to Assess Clinical Symptoms (1 Hour)- (8 Weeks from date of Randomisation)



16 Week Follow up Assessment to Assess Clinical Symptoms (1 Hour)- (16 Weeks from date of Randomisation)



16 Week Follow up MRI Scan (1 Hour)- (Within 14 days of 16 Week Follow up Assessment)



26 Week Follow up Assessment to Assess Clinical Symptoms (1 Hour)- (26 Weeks From date of Randomisation). Treatment Type Disclosed