

Trent Study Day 2024



Friday 22nd November 2024, 09:00 – 16:00

A floor rooms, Institute of Mental Health
Nottingham, NG7 2TU

Event Organiser: Dr Simon Gibbon

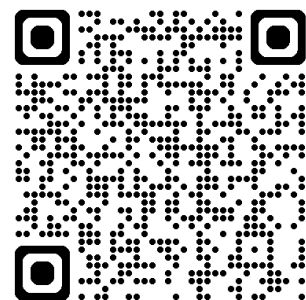
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The theme this year is
“Use of technology in forensic mental health – concerns and opportunities”.

09:00	Registration & refreshments
09:30	Welcome Dr Simon Gibbon, Consultant Forensic Psychiatrist, Arnold Lodge, Nottinghamshire Healthcare NHS Foundation Trust and Trent Study Day Organiser
09:35	Opening Comments Dr Sue Elcock, Executive Medical Director, Nottinghamshire Healthcare NHS Foundation Trust
09:40	Smart use of Dumbphones in a Medium Secure Environment Dr Gareth Garrett, Consultant Forensic Psychiatrist, Arnold Lodge Hospital Emily Farrow, Ward Manager, Arnold Lodge Hospital
10:10	Fictional and fantasy sexual material use by people with attractions to children Dr Rebecca Lievesley, Associate Professor in Psychology, Nottingham Trent University Dr Craig Harper, Associate Professor in Psychology, Nottingham Trent University
10:40	Questions and discussion
11:00	Refreshments
11:30	Digital Inclusion for the High Secure Estate: Made Purple George Kyriacou, Director Made Purple Ltd
12:00	Contactless patient monitoring in inpatient mental healthcare Laura Cozens, Registered mental health nurse, Head of Patient Safety and Quality, Oxehealth Dr Oliver Gibson, Director of Research, Oxehealth
12:30	Electronic Monitoring in Forensic Psychiatry Dr Georgia Ashworth, FY2 Doctor, Camden and Islington NHS Foundation Trust
13:00	Questions and discussion
13:20	Lunch and poster viewing
14:30	Terminally Blackpilled: Exploring the Incelosphere Maisie King, Forensic Psychologist in Training & Clinical Practitioner, University of Nottingham
15:00	Well at Work - Forensic Staff Study: Exploring barrier and facilitators to forensic NHS staff seeking mental wellbeing support at work Dr Danny Whiting, Clinical Associate Professor in Forensic Psychiatry, University of Nottingham & Honorary Consultant Forensic Psychiatrist, Nottinghamshire Healthcare NHS Foundation Trust Dr Elena Nixon, Assistant Professor, Institute of Mental Health, School of Medicine, University of Nottingham Priya Patel, Research Assistant, NIHR ARC East Midlands
15:30	Questions and discussion
15:50	Poster prize announcement Awarded by Dr Simon Gibbon
15:55	Closing comments Dr Sue Elcock, Executive Medical Director, Nottinghamshire Healthcare NHS Foundation Trust
16:00	Closing statements

Poster numbers

Poster 1	Evaluation the impact of a Compassion Focused Therapy-informed group intervention on the experience of self-compassion of male forensic mental health patients on the Personality Disorder service. - Oliver Sharkey
Poster 2	The Use of Skype video Telecommunication (VTC) for Social Visits in a Medium Secure Hospital: A Service Evaluation - Obinna Okonkwo
Poster 3	Innovation in Psychiatry – Virtual reality in mental health - Dr Atif Mahmud
Poster 4	Whose camera is it anyway? Review of body worn camera (BWC) use for risk reduction in mental health inpatient settings - Hrishikesh Bipin Nachane
Poster 5	Why are People not Fighting for Gender Neutral Rape Laws? A Thematic Analysis. - Isobel Moulding
Poster 6	Public Perceptions of Non-Offending Minor Attracted Persons - Penelope Mary McClatchey

Introduction

The Trent Study Day is an annual conference hosted by the Forensic Services Care Group of Nottinghamshire Healthcare NHS Foundation Trust and the Institute of Mental Health (a partnership between the Trust and the University of Nottingham).

The theme for this year's conference is ***Use of technology in forensic mental health – concerns and opportunities*** and a number of prominent experts, researchers and practitioners will be presenting on different aspects of the topic. We will also exhibiting research posters on a number of topics related to mental health and/or forensic issues.

Our thanks go to the conference speakers, delegates and organisers: Dr Simon Gibbon (lead organiser), Lou Rudkin (Head of Communications, Institute of Mental Health), Fiona Carr (Communications Specialist, Institute of Mental Health) and the Institute of Mental Health reception and events team.

Housekeeping

Refreshments and lunch

Refreshments and individual lunch bags will be provided throughout the day in our ground floor corridor. If you have notified us of any specific dietary requirements, then your lunch will be named with that specific requirement (e.g. Vegan, vegetarian, gluten free etc)

Toilets

Please use the toilet facilities located in the ground floor reception area. Please speak to a member of our reception team if you have any additional needs that we can help with.

Connect on social media!

We'll be posting from the Institute's Twitter and LinkedIn accounts throughout the day – follow us @institutemh or /institutemh and share your posts, tag us, and use the #TSD24 hashtag.

Photography

We'll be taking photos throughout the day to share on social media and in future communications. If you'd prefer not to appear in any photos, then please let our Communications team know or mention it to anyone you see with a camera.

Feedback survey and certificates of attendance

All delegates who have attended will receive a link to complete an online feedback survey shortly after the event has finished.

Certificates of attendance can be requested during completion of the survey.

Exhibition Stands

Library and knowledge service Nottinghamshire Healthcare NHS Foundation Trust

Nottinghamshire Healthcare's Library and Knowledge Service provides a comprehensive library and information service to Trust and Institute of Mental Health staff. Our services underpin healthcare practice, organisational management, research, quality improvement, lifelong learning and continuing professional development in the Trust. The Trust has a 'digital first' approach to library services to increase accessibility of resources and services to all.

Our services include:

- An evidence search service.
- Training sessions on using e-resources.
- A large collection of books, ebooks and ejournals.
- Access to online databases and clinical decision-making tools.
- A range of current awareness resources.
- Journal club facilitation.
- Management of the East Midlands Evidence Repository ([EMER](#)).
- A document supply service to help you access full text of journal articles.
- Learning space at our libraries at Duncan Macmillan House, Mike Harris Centre at Rampton and Wathwood.

Please [email us](#) or call 0115 9529486 if you have any queries. For information about joining the library or to see more about the services we provide, please visit our [Connect \(Intranet\) pages](#) or our [website pages](#).

The Research and Evidence Department Nottinghamshire Healthcare NHS Foundation Trust

The Research and Evidence Department is committed to improving the mental and physical health of our service users through high quality research and service evaluation at Nottinghamshire Healthcare NHS Foundation Trust.

Our services include:

- [Sponsorship](#) of research.
- [Research Clinics](#) which provide advice and guidance with developing research [and service evaluation](#) studies.
- Research and evaluation [training](#).
- Supporting staff to develop as [clinical academics](#).
- Management of our Clinical Record Interactive Search system, [CRIS](#).
- Guidance about [publishing](#) research and evaluations.

Nottinghamshire Healthcare NHS Foundation Trust is home to some of the country's leading clinical research [institutions](#) and is dedicated to improving the understanding and treatment of mental and physical health.

For any further information, please email us at Research@nottshc.nhs.uk call us on 0115 671 4606 (Monday to Friday, 9am – 4pm) or [visit our website](#) or Connect page.

Speaker biographies

Welcome



Dr Simon Gibbon is a Consultant Forensic Psychiatrist at Arnold Lodge, Leicester. He has interests in research and teaching.

He is the lead organiser for the Trent Study Day and would be grateful for your comments and suggestions on the day and how it can be improved in the future.

Opening and Closing comments



Dr Sue Elcock is the executive medical director in the trust and is a consultant forensic psychiatrist professionally. She undertook her forensic training in the trust and was a consultant in the high secure national women's service at Rampton Hospital between 2005 and 2015, prior to returning to the trust in 2020. In that period, she worked in Lincolnshire then Leicestershire in Medical Director roles.

She is passionate about supporting and developing colleagues and services and from a clinical perspective, supporting women's services with a trauma focus.

Smart use of Dumbphones in a Medium Secure Environment



Dr Gareth Garrett has worked as a Consultant at Arnold Lodge for five years having completed higher training in Forensic Psychiatry on the East Midlands training scheme. Gareth leads clinical teams within the hospital, treating patients primarily with psychotic disorders. His areas of interest include compassionate leadership, psychoeducation, stigma and quality improvement.

The Trent Study Day falls well into [Movember](#), so Gareth hopes to sport a healthy moustache for the audience. Suicide is a leading cause of death in young men.



Emily Farrow graduated from the University of Nottingham in 2013 with a diploma in mental health Nursing, setting the stage for a dedicated career in forensic mental health, this includes prisons, low secure and currently medium secure environments. Over the past decade, Emily has honed a deep expertise in this challenging field, providing compassionate and skilled care to individuals within complex mental health issues.

After gaining invaluable experience in various roles, Emily stepped into a leadership position as a Ward Manager, a role held for the last five years. In this capacity, Emily has a passion for implementing patient experience focused projects within Arnold Lodge that priorities patient safety and recovery.

Fictional and fantasy sexual material use by people with attractions to children



Dr Rebecca Lievesley is an Associate Professor in Psychology at Nottingham Trent University. She has worked and conducted research within the Criminal Justice System since 2008. She has worked on a number of projects including an investigation of reoffending and desistance in those serving short sentences, and the national evaluation for the medication to manage problematic sexual arousal treatment service for individuals convicted of a sexual offence.

Rebecca's current research interests are around minor attraction, the use of fantasy and fictional sexual outlets and the prevention of sexual crime.

Rebecca is a co-founder (and former trustee) of the Safer Living Foundation, a multi award winning charity established in 2014 to provide initiatives that aim to prevent further victims of sexual crime.



Dr Craig Harper is an Associate Professor in Psychology at Nottingham Trent University. His research interests lie in the psychological processes that underpin decision-making in relation to controversial social and political topics.

Most of his research has been focused on how people form and express attitudes towards people with sexual convictions and atypical sexual interests and behaviours, with the aim being to promote evidence-based policies to prevent and reduce sexual victimisation.

Digital Inclusion for the High Secure Estate: Made Purple



George Kyriacou is the Director of Made Purple Ltd, a global leader in digital inclusion and efficiency solutions for the High Secure Estate, serving clients across three continents. The company, which began just before the COVID-19 pandemic, connected over 300,000 families through secure video calls with loved ones in high secure hospitals and UK prisons during the lockdown. Since then, George has driven Made Purple to develop advanced technologies that balance security with a community-standard digital experience.

Significant achievements under George's leadership include the introduction of Disney+ streaming and secure digital shopping experiences in high secure environments. Made Purple also harnesses purpose-built AI models, such as Purple Scribe, to reduce administrative burdens on medical teams. Additionally, the company collaborated with NHSE, Warwick University, and all four high security hospitals in the UK to develop an AI-driven patient possessions management system. This system ensures patients have digital access to their belongings and supports handover checks and area searches.

Made Purple partners with organisations like the NHS, G4S, Serco, HMPPS, Sodexo, BT, the South Australian Government, States of Jersey, States of Guernsey, and the Isle of Man, making a global impact with innovative, secure solutions.

Contactless patient monitoring in inpatient mental healthcare



Laura Cozens is a registered mental health nurse with over 20 years of experience working in high secure and forensic services with West London NHS Trust. During her time at West London as senior clinical manager, she led the implementation of Oxevision contactless patient monitoring platform, successfully developing new ways of working to support staff and patients to make the most of technology.

She joined Oxehealth as Head of Patient Safety and Quality in 2022 where she has played a pivotal role in developing alongside NHS partners, best practice guidance to support effective implementation of Oxevision. She supports NHS partners with ongoing learning so they can effectively use information provided by the technology to improve care.

Laura is an avid traveller and is always searching for a sunny climate for her holidays.



Dr Oliver Gibson's passion is applying engineering to solve healthcare problems. This began at the Institute of Biomedical Engineering, University of Oxford where he participated in several University spin-out companies, before becoming a founding member of the Oxehealth team.

Oliver has spent a decade developing the science and application of vision-based patient monitoring and management, realised in the Oxevision platform. Oliver holds a DPhil in Biomedical Engineering from the University of Oxford. He is a Chartered Engineer and Senior Member of IEEE and received the IET William James award for Biomedical Engineering.

In his spare time Oliver enjoys boating and kayaking.

Electronic Monitoring in Forensic Psychiatry



Dr Georgia Ashworth graduated from Barts and the London School of Medicine and Dentistry in July 2023 and has since been working as a junior doctor in North London. She has always had an interest in psychiatry, which led to an intercalated BSc in psychology from King's College London, as well as an elective placement in a Medium Secure Unit in East London. The latter resulted in her leading a service evaluation assessing staff perceptions about the use of electronic monitoring in forensic psychiatry, the results of which were presented at both the Faculty's Annual Conference in Brighton this year, as well as the RCPSYCH International Congress in Liverpool.

It's a controversial topic however, and the implementation of using monitoring devices for patients raised a number of ethical and legal concerns. As a result, Georgia is currently working on a paper with Dr John Tully (University of Nottingham) and Dr Alex McKeown (University of Oxford) reviewing the ethical aspects of electronic monitoring.

Terminally Blackpilled: Exploring the Incelosphere

Maisie King is a trainee forensic psychologist at the University of Nottingham. Currently, she is finishing her doctoral research thesis exploring the experiences of incels, whilst developing as a practicing professional within an offender personality disorder service in a prison estate. Maisie has spent the last few years of her doctorate reaching into incel communities across the internet to collaborate and capture their experiences, narratives, and engagement in her research projects. Maisie seeks to compassionately

represent and share the voices of these individuals in hopes of promoting increased understanding, validation, and appropriate action to mitigate the risks and concerns affiliated with incel experiences.

To date, Maisie has explored personality characteristics underlying incel identity, and the ways in which trauma and personal schemas can contribute to incel ideology. Closely aligned to her research interests and personal passions Maisie is a Female Support Network champion contributing to nation-wide initiatives to support women impacted by sexual violence with HMPPS.

Well at Work- Forensic Staff' Study: Exploring barriers and facilitators to forensic NHS staff seeking mental wellbeing support at work



Dr Danny Whiting is a clinical academic forensic psychiatrist. He is interested in the epidemiology of violence in mental illness and clinical prediction models, particularly how they might best be validated and clinically translated as clinical support tools in psychiatry.

He completed his PhD as part of an NIHR Doctoral Research Fellowship, which involved developing approaches to improve violence risk assessment and intervention in first episode psychosis. He works clinically in prison mental health services.



Dr Elena Nixon is an Assistant Professor in Applied Neuropsychology, based in the Institute of Mental Health and the Academic Unit of Mental Health and Neurosciences in the School of Medicine, University of Nottingham (UK) since 2013. She was awarded her PhD in Psychiatry in 2008 and has since been involved in research and teaching in neuroscience and mental health.

Her expertise lies in the area of mood disorders, with a special interest in the role of emotional wellbeing in cognitive function and performance. Her most recent research is focused on exploring factors associated with wellbeing and mental health and the impact of behavioural/psychological interventions, such as Mindfulness-Based Cognitive Therapy, on the mental health and/or wellbeing of

various clinical and non-clinical populations, including young people and adults with mental health problems, healthcare students and healthcare professionals.



Priya Patel is a Research Assistant based within the Mental Health and Well-being Theme at NIHR ARC East Midlands. For the past couple of years, Priya has been involved in an RCT (Mindful Life-Well at Work study) comparing MBCT-L (Mindfulness-Based Cognitive Therapy for Life) to SRP (Stress Reduction Psychoeducation) for healthcare and other public care staff. Of the 260 participants recruited to their RCT, only 1 participant was from a forensic setting, so they do not have information about the wellbeing challenges experienced by this staff group and/or what drivers or barriers they might be facing in seeking or accessing psychological wellbeing support at work. In order to address this,

Priya is now working as Lead Researcher on the follow-on study (Well at Work - Forensic Staff study) in which they aim to gather this information through surveys, interviews and focus groups with staff working in forensic mental health and offender health settings.

Poster abstracts

Poster number	1
Presented by	Oliver Sharkey
Job title and affiliation	Trainee Forensic Psychologist, Nottinghamshire Healthcare NHS Foundation Trust
Co-authors	Dr Lucy McCarthy
Title of poster	Evaluation the impact of a Compassion Focused Therapy-informed group intervention on the experience of self-compassion of male forensic mental health patients on the Personality Disorder service.
Abstract	The current service evaluation sought to determine whether a Compassion Focused Therapy-informed intervention programme had effectively improved the capacity for self-compassion among 14 male patients receiving treatment on a Medium Secure Personality Disorder Service. Secondary data was collected and analysed, namely the pre- and post-intervention responses on the Self-Compassion Scale, originally developed by Kristen Neff in 2003. Data was analysed using a non-parametric paired samples t-test, using a significance threshold of $p < 0.01$ to account for alpha inflation resulting from the number of comparisons being made. The findings suggest that the programme was effective in supporting the development of greater self-compassion and engagement in self-compassionate practices and cognitions, but less effective in reducing the presence of uncompassionate practices/cognitions. Consideration of the implications that this has for potential developments and the programme's future within the service are discussed.

Poster number	2
Presented by	Obinna Okonkwo
Job title and affiliation	Consultant Forensic Psychiatrist, Nottinghamshire Healthcare NHS Foundation Trust
Co-authors	Dr Lucy McCarthy, Senior Research Fellow Dr Nicholas Taylor, Consultant Forensic Psychiatrist Dr Simon Gibbon, Consultant Forensic Psychiatrist
Title of poster	The Use of Skype video Telecommunication (VTC) for Social Visits in a Medium Secure Hospital: A Service Evaluation

Abstract	Background The COVID-19 pandemic caused significant disruptions in social interactions, leading to increased feelings of isolation and loneliness, particularly affecting those with pre-existing mental health conditions. Following the first national lockdown in March 2020, family visits to hospitals were halted, prompting the introduction of Video Telecommunication (VTC) as a way to maintain contact between patients and their carers. Aims In October 2021, we evaluated patient satisfaction with Skype social visits, assessing both patient and staff perspectives on its benefits and drawbacks, as well as patient preferences post-pandemic. Method We invited all ward staff who facilitated Skype visits and patients who had experienced them to participate. Data were collected through anonymous questionnaires featuring both quantitative and qualitative items. Results Twenty-nine patients and thirty-nine nursing staff participated. Sixty-two percent of patients reported satisfaction with Skype visits, with over half (52%) rating them as comparable to face-to-face interactions. Participants appreciated the ease of setting up visits, the benefits of visual contact, and reduced travel costs. However, issues like increased staffing demands, privacy concerns, and technical difficulties were noted. Despite these challenges, 90% of patients expressed a desire for Skype visits to continue after the pandemic. Conclusion The service evaluation indicated that both patients and staff viewed Skype social visits as beneficial, and no significant risk concerns were noted. Due to the longer average stays in forensic units, the introduction of Skype visits is viewed as a positive advancement, and the outcome of this evaluation prompted additional enhancements.
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Poster number	3
Presented by	Dr Atif Mahmud
Job title and affiliation	Locum Consultant Psychiatrist, Nottinghamshire Healthcare Foundation Trust
Co-authors	n/a
Title of poster	Innovation in Psychiatry – Virtual reality in mental health
Abstract	Virtual reality (VR) is becoming a promising innovation in psychiatry, offering new approaches to enhance mental health interventions. This quality improvement project focuses on the implementation of VR technology to support staff well-being within Nottinghamshire NHS foundation trust. The project aims to explore whether VR-based interventions can reduce stress, enhance relaxation, and improve overall mental health for healthcare workers who face high levels of stress and burnout. The project was conducted over a period of time utilising some VR programs designed for relaxation, mindfulness, and stress management. Colleagues and I gathered feedback from staff members to assess the effectiveness of these interventions. Key outcomes measured include reductions in reported stress levels, improved mood, and overall satisfaction with the intervention. Initial findings indicate that VR significantly enhances staff well-being, with participants reporting increased relaxation, possible reduced work-related stress, and improved mental clarity after using the VR sessions. By providing an immersive and easily accessible tool for mental health support, VR shows great potential in promoting staff well-being within care environments. These findings suggest that VR can play a pivotal role in creating a healthier, more resilient workforce. Future research will explore the scalability of this intervention and its long-term benefits in sustaining mental health for healthcare professionals.

Poster number	4
Presented by	Hrishikesh Nachane

Job title and affiliation	ST5 Higher Trainee, Derbyshire Healthcare NHS Foundation Trust
Co-authors	Dr Harlene Deol, ST4 Higher Trainee, Nottinghamshire Healthcare NHS Foundation Trust Dr Simon Gibbon, Consultant Forensic Psychiatrist, Nottinghamshire Healthcare NHS Foundation Trust
Title of poster	Whose camera is it anyway? Review of body worn camera (BWC) use for risk reduction in mental health inpatient settings
Abstract	Background: While body worn cameras (BWCs) are widely used in law enforcement, their efficacy in mental health settings remains uncertain. Challenges include inconsistent implementation, lack of standardised policies, ethical concerns, and limited evidence on their effectiveness. This literature review examines the existing evidence on BWC for risk reduction in mental health inpatient settings. Methods: A literature search was carried out of various databases to identify suitable articles. The studies finally included in the review were an amalgamation of reviews, editorials, and interventional studies. Results: Of the identified studies, only three assessed the impact of BWCs on number of risk incidents and implementation of BWCs. The most rigorous study found no significant relationship between BWC use and a reduction in violent incidents. Other studies showed minimal reductions in incidents and use of restraints, while some reported an increase in verbal aggression. Notably the role of BWCs during incidents was often unclear, particularly the time and reason for their activation. Evidence regarding staff and patient perceptions of BWCs is mixed. While some expressed support, most were sceptical, citing concerns about unclear policies, inadequate training, and ethical issues. Some staff reported that patients in acute distress were generally indifferent to BWCs whilst others reported they only further mistrust. Staff presence and positive relationships were deemed more crucial for risk mitigation. Conclusion: The current evidence supporting BWCs for risk reduction in mental health settings is limited and inconclusive. Further research, including larger, longitudinal studies, is necessary to assess the long-term effects of BWCs on safety and therapeutic outcomes.

Poster number	5
Presented by	Isobel Moulding
Job title and affiliation	Assistant Psychologist
Co-authors	Dr Rachael Wheatley
Title of poster	Why are People not Fighting for Gender Neutral Rape Laws? A Thematic Analysis.
Abstract	Current rape law in the UK is gendered, recognising only men as potential perpetrators. This therefore excludes the possibility of female perpetrator-male victim cases, specifically those whereby a male victim is "forced to penetrate" a female perpetrator. This study aimed to understand the reasons behind why the UK public are not pushing for rape law to become gender neutral - broadening to also include females as potential perpetrators of rape. Three listening groups, involving 9 University of Derby students (M=1;F=8; Mage=22.89 years; range,22-25), were conducted. The data was analysed using thematic analysis. All participants agreed UK rape law should be updated to encompass FTP case. Reasons for this were found to be due to participants viewing the label 'rape' as having more serious connotations than 'causing sexual activity without consent', and believing current UK rape law to no longer be appropriate in present day society. Participants expressed their thoughts on how they would define 'rape' under UK law, with many believing it should be broader still. Several barriers participants perceived to contribute to why the public were not fighting for FTP cases to be included within UK rape law were reported. These consisted of individuals being unfamiliar with UK rape law and believing in FTP myths and gender stereotypes.

	Other perceived obstacles were the under-representation of FTP victims resulting in the offence being minimised in the eyes of the public, and present society being unprepared for UK rape law to be changed. Future research is required to expand on these findings exploring the notion that for UK rape law to be truly gender neutral it should be updated to include more than the female perpetrator-male victim paradigm, but also female perpetrator-female victim paradigm, for instance.
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Poster number	6
Presented by	Penelope Mary McClatchey
Job title and affiliation	Trainee Forensic Psychologist, University of Nottingham
Title of poster	Public Perceptions of Non-Offending Minor Attracted Persons
Abstract	Research has consistently demonstrated that the stigmatised views held towards Minor Attracted Persons (MAPs) by the general public have prevented non-offending MAPs from seeking treatment which could potentially prevent them from sexually abusing children in the future. It has also been suggested that certain methods, such as Narrative Humanisation, could be utilised to reduce punitive attitudes towards MAPs, create a safer environment for seeking professional support, and consequently reduce the likelihood of MAPs resorting to child sexual offences in future. This research project aims to investigate whether educating members of the public about the existence of non-offending MAPs (Minor Attracted Persons), specifically using narrative humanisation and changes in point of view (first/third person), will reduce their punitive attitudes towards this community. Using an independent measures design, 179 participants have been randomly divided into eight conditions and asked to read vignettes, the content of which varied between describing offending and non-offending MAPs, utilising narrative humanisation and not, and presenting the information in the first and third person. They subsequently completed questionnaires measuring the extent to their punitive attitudes towards MAPs. Results are currently being analysed to determine whether being exposed to these different vignettes had an impact on participants' views towards MAPs and how punitively they should be treated.